

Emotional Intelligence, Collaboration and the Integration of Project Controls



- Project Controls professional who has been working on major infrastructure projects for the past 8 years, both in the UK and Australia. In that time, I have focused predominantly on Risk Management and Project Management.
- Since working in the infrastructure industry, have completed a Masters Degree in Construction Project Management, and before that, I completed a Bachelor's Degree in Psychology. As such, I am passionate about understanding people and love to overlap this passion with my passion for projects. This feed's my curiosity and drive to understand how people's behaviours can influence the success of a project.



Amanda Buchanan

Emotional Intelligence

“the ability to understand and manage emotions”
Thorndike (1920)

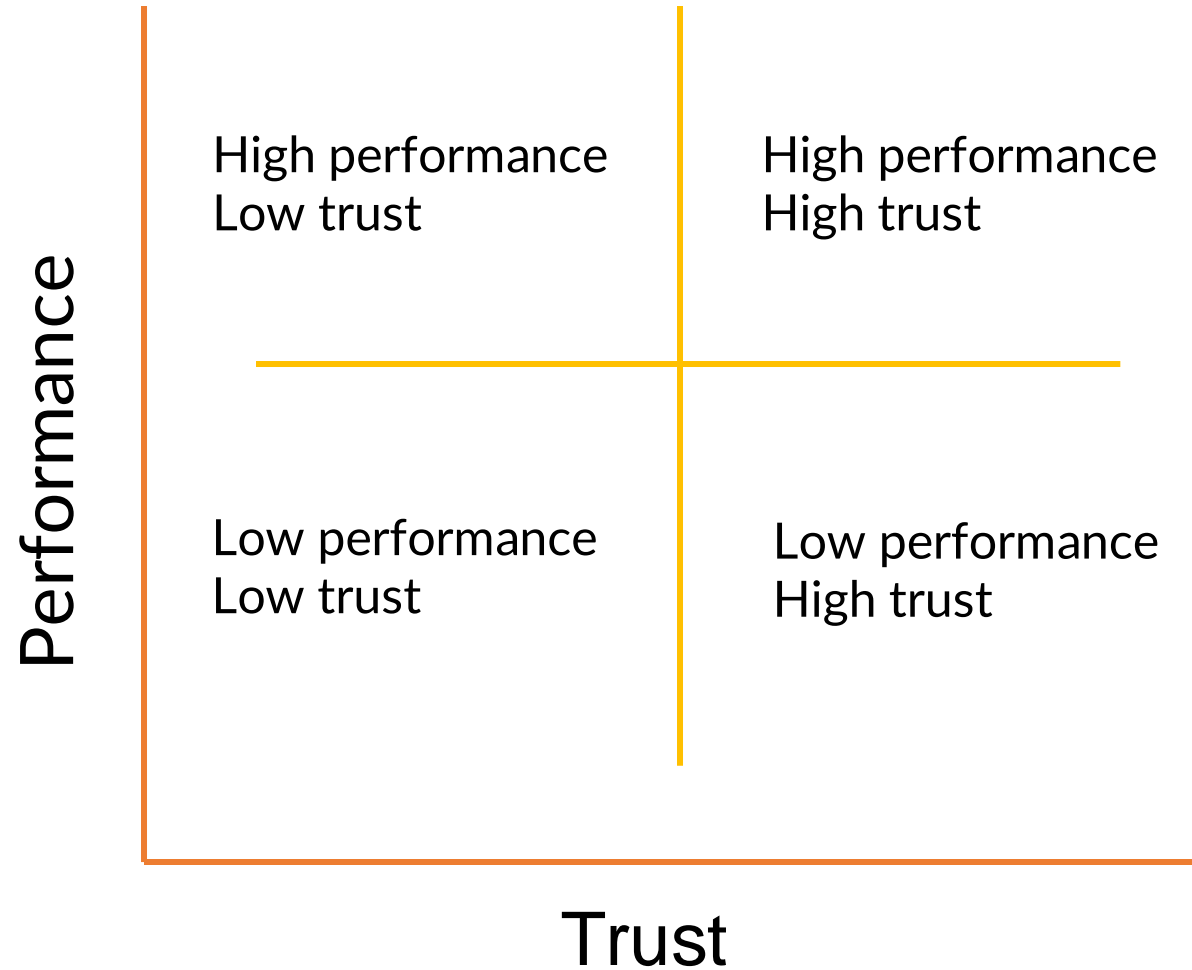


Salovey & Mayer (1997)

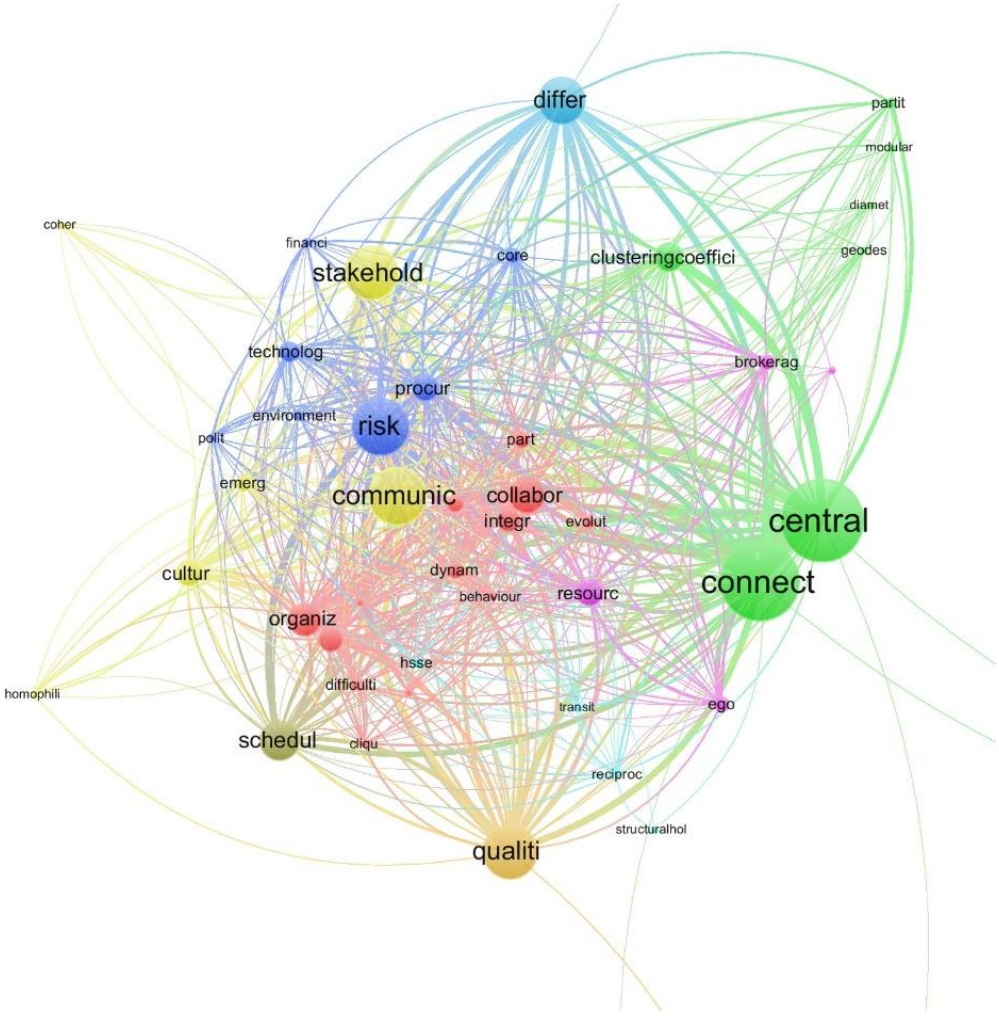


- IQ accounts for 20 – 25% of business success
- EQ accounts for 75 – 80% of business success

Simon Sinek - Navy SEALs

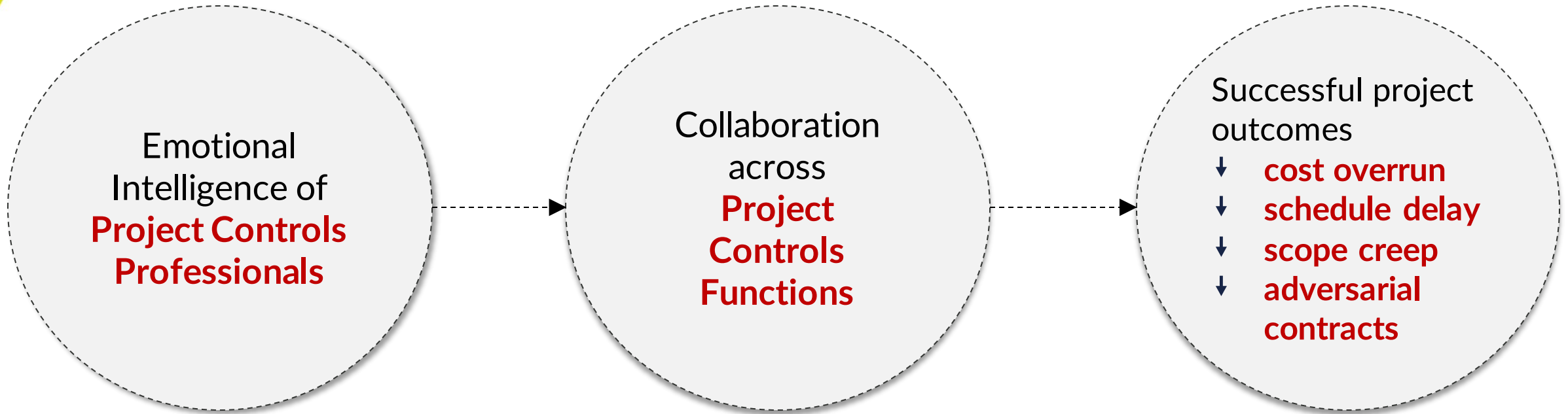


Collaboration



Pryke (2012)

Today's thought piece





THANK YOU

